Guidelines Adult Shinny

Shinny Hockey allows participants the opportunity to participate in a game of "pick-up" hockey.

To Play

- + Register online (Members) or pay drop-in admission (Non-members)

 Advanced online registration is strongly encouraged for Shinny as it fills up quickly.
- + You must be 18+ to participate in Adult Shinny
 - + Please bring a form of government issued photo ID for proof of age
- + If two Shinny sessions are offered in one evening you must **register and pay admission for each** session
- + Upon your arrival:
 - + Check in at the front counter by indicating that you have registered to receive your wristband
 - + Proceed to the arena and check in with the skate monitor who will validate your wristband.
 - + All validated participants can proceed to the change room.

Safety & Gameplay

- + Maximum of 26 participants allowed on the ice not including goalies.
- + Maximum of 4 goalies allowed
 - + Goalies play for free but they **MUST** get a wristband from the Front Desk.
 - + Players who register as goalies will not be granted ice time as players.
- + **Skate monitors will be available** to organize teams if necessary and supervise the program but are not referees.
- **+ Full hockey equipment is required** this includes shoulder pads, CSA approved hockey helmet, faceshield/visor and proper hockey skates.
- + The hockey 'Laws of the Game' are to be followed
- **+ When the Zamboni is on the ice:** Players must stay off of the ice, out of the player's box and stand behind the glass.
- + All participants must be fair to one another and allow everyone equal playing time.
- + No body checking permitted.
- Individuals displaying unacceptable behaviour or who chose not to follow the rules will be asked to leave. This includes the following violations:
 - + Dangerous Play body checking, slashing, tripping etc.
 - + Fighting
 - + Abusive and/or Obscene Language or Behaviour
 - + Horseplay
 - + Weapons, Drugs and Alcohol are strictly prohibited and are grounds for immediate removal.