



## Little Italy

Giovanni Caboto Park is located in the heart of Little Italy on 95th Street. The park provides recreational opportunities and a public green space for the neighbourhood. Built in 1913, Caboto Park now features a recently installed splash park and modernized play area. In the park sits a statue of Frank Spinelli, who opened the Italian Centre Shop in 1959. Caboto Park and its surrounding area hosts numerous festivals and events throughout the year designed to celebrate the neighbourhood. These include the Winter Lights Festival in February, the Heart of the City festival in June, and the East Meets West event in late August.

At the East end of McCauley is the site of Commonwealth Stadium, built to host the 1978 Commonwealth Games. The stadium is located adjacent to the existing Clarke Stadium which opened in 1938. Commonwealth has hosted many major events including the IAAF World Championships (2001), The Rolling Stones, CFL Grey Cup and the 1st regular-season outdoor NHL hockey game, the Heritage Classic (2003).

The Commonwealth Community Recreation Centre includes an aquatic centre with a lane pool, leisure and tot pool, whirlpool, steam room and waterslide, a field house with artificial turf, a fitness centre, jogging track, and a number of multi-purpose program rooms.

McCauley residents say they "...are proud of McCauley as a vibrant, safe, colourful ,and diverse neighbourhood. We embrace ideals of community connectedness and vitality for all those who walk our sidewalks, reside in our homes, work and shop in our businesses, and are cared for in our neighbourhood."

**Welcome to the neighbourhood!  
Enjoy your stay!**

## The Benefits of Walking

### Walking... a healthy journey!

Ranked the number one activity of choice among Canadians, walking is a prescription for improved health and wellness. Walk briskly for 30 minutes a day, 5 days a week, and minimize your risk for cardiovascular disease, stroke, Type 2 diabetes and some types of cancer. Additional benefits include weight management, blood pressure control and boosting good cholesterol (HDLs).

Other benefits of walking:

- Releases the body’s tension and stress.
- Refreshes the mind and body, especially when walking outdoors.
- Allows you to connect with your community.
- Offers an excellent way to socialize with family and/or friends.
- Increases “eyes on the street”, enhancing community safety.

HOPE Mural



## Walking with your Dog

Edmonton has over 40 locations where you can enjoy your walk while your dog is off-leash. Please remember that all sites where dogs are permitted to be off-leash are multi-use areas used by all. Your dog must be leashed when not in a designated off-leash area. The dog icons shown on this map are placed in the approximate location of each off-leash area, but do not show the precise boundaries. For more information, including details on off-leash boundaries, check the Parks for Paws Brochure or go to edmonton.ca (keyword off-leash)

**There are 1,440 minutes in a day,  
schedule 30 of them for walking!**



## COMMUNITY WALKING MAP

# McCauley



## Chinatown

The McCauley community was founded in 1935 and takes its name from Matthew McCauley, a well known businessman who later became Edmonton’s first mayor. The McCauley neighbourhood is in the heart of Edmonton and sits just east of the downtown core. It is a community known for its diversity of residences, businesses and cultures.

The City of Edmonton, incorporated in 1892, grew up around 97th Street. In 1912, a street car began providing accessible transportation for the many new immigrants and workers moving into the neighbourhood. With the increase in residents, a multitude of churches and cathedrals sprung up throughout the neighbourhood. 96th street, also known as Church Street, has been featured in Ripley’s Believe It Or Not because of its high density of churches. There are more than fifteen churches that line the street, including the beautiful brick structure of Sacred Heart Church of the First Peoples, built in 1913.

Post World War II, the existing Chinatown expanded, increasing its presence in McCauley and Little Italy saw similar growth during this period. Traveling down 97 Street between 105 A Avenue and 107 Avenue, you will find Chinatown North, the third largest Chinatown in Canada. The striking Harbin Gate marks the location of the Southern section that is located on 97 Street and 102 Avenue. In the Northern stretch of Chinatown, you will find an abundance of Asian restaurants and shops that sell unique produces, merchandise and traditional Chinese Medicine. Chinatown meets with 107th Avenue, named Avenue of Nations in 2008 to acknowledge the various ethnicities and cultures that contribute to the neighbourhood.

**Other Walking Resources**

Alberta Centre for Active Living  
centreativliving.ca  
780-427-6949

Canada Walks  
canadawalks.ca  
UWALK

UWALK

**Shape**  
(Safe Healthy Active People Everywhere)  
shapeab.com

Get involved with Walk to School Week and Walking School Bus Programs

edmonton@shapeab.com  
780-406-8530

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**Walk Edmonton**

Walk Edmonton is an initiative bringing Edmontonians together to build a more walkable community by providing grass roots resources and building civic support. Check out our website for links to other walking resources, maps, walking groups and places to walk in Edmonton.

edmonton.ca/walkedmonton  
780-944-5339

**About the Community Walking Maps**

This Community Walking Map is part of a series of walking guides. Each map is created as a joint project of Walk Edmonton and local Community groups to promote walkable communities. Contact us to find out if your community has an edition of this map series or to find out more about creating a map.

Walkedmonton@edmonton.ca  
780-944-5339

**Viva Italia District Association**  
vivaaliaedmonton.com  
780-428-0754/780-424-4869

**City of Edmonton – McCauley Revitalization**  
edmonton.ca/McCauley  
780-496-6887

**Commonwealth Community Recreation Centre**  
11000 Stadium Road  
780-442-5311

**Weather**  
780-468-4940

**City Information**  
Call 311

**Emergency Contacts**

**Police/Ambulance/Fire**  
911

**Police Complaint Line**  
780-423-4567

**Local Contacts**

**Sprucewood Branch Edmonton Public Library**  
11555 – 95 Street  
Edmonton, Alberta T5G 1L5  
780-496-7099

**Stanley A. Milner Branch Edmonton Public Library**  
7 Sir Winston Churchill Square  
Edmonton, Alberta T5J 2V4  
780-496-7000

**McCauley Community League**  
10826 – 95 Street NW Basement  
Edmonton, Alberta T5H 2E3  
780-428-5332  
mccauleyd.com

**Boyle McCauley News**  
bmnews.org

**Chinatown and Area Business Association**  
301, 9664 – 106 Avenue  
Edmonton, Alberta T5H 0N4  
780-423-2628  
brz@telus.net

# McCAULEY

## Legend

- |                   |                            |
|-------------------|----------------------------|
| Accessible Route  | Place of Worship           |
| Bakery            | Playground                 |
| Bank              | Police                     |
| Bookstore         | Post Box/Post Office       |
| Childcare Centre  | Public Art/Monument/Statue |
| Coffee Shop       | Public Washroom            |
| Community Garden  | Restaurant                 |
| ETS Bus Transit   | Recycling Centre           |
| Fire-Ambulance    | Scenic Viewpoint           |
| Health Centre     | School                     |
| Heritage Building | Grocery Store              |
| Heritage Tree     | Skating Rink               |
| Late Night Store  | Sports Fields              |
| LRT Station       | Swimming Pool              |
| Museum            | Toboggan Hill              |
| Off-Leash Area    | Spray Park                 |
| Pharmacy          |                            |
| Picnic Site       |                            |



Rogers Place Arena/ICE District

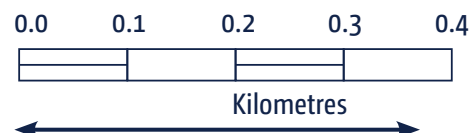
- |                               |                          |
|-------------------------------|--------------------------|
| Commercial                    | Unpaved Shared Use Paths |
| Parkland                      | On Street Bike Route     |
| Residential Area              | Roadway                  |
| Crosswalk with Signal         | Paved Shared Use Paths   |
| Crosswalk with Audible Signal | Sidewalk                 |
| Bus Stop                      | LRT                      |
|                               | Stairs                   |

### Sample walking routes

- 800 m Cappuccino Walk
- 800 m Tea Walk
- 1.7 km Walk the Dog
- 2 km Church Street
- 2.3 km Fitness Walk



### Scale



0.375 Kilometres = About 5 minutes walking  
 About 500 steps walking  
 About 1.5 minutes cycling



Marble Statue outside Lucky 97



Frank Spinelli Statue, Giovanni Caboto Park