

Youth Making a Difference in the Community!

What is Leaders In Training?

The Leaders in Training (L.I.T.) program offers youth ages 13-17 years the opportunity to develop leadership skills and gain valuable experience while having fun outdoors. Give back to your community and earn leadership or volunteer hours for your school. Volunteer to be an L.I.T. and work with recreation leaders to run summer programs for children.

Program runs May-August annually.



For more information:

e-mail: youth@edmonton.ca

visit: edmonton.ca/youth



Edmonton.ca/youth



volunteer
lead
experience

www.edmonton.ca/youth

Leaders In Training



www.edmonton.ca/youth



THE PROCESS

Step 1. Submit an Application and Pay the \$20 Application Fee

Complete the L.I.T. application (available in April each year) and return it to the City of Edmonton Circle Square office or bring it to one of the scheduled open houses.

Pay the \$20 registration fee: online, by calling 311, or at any recreation facility.

Step 2. Attend a Registration Night

At the LIT Registration Night you can expect to participate in several stations that will complete the registration processes while having an opportunity to get to know the LIT staff.

Registration night stations will include:

1. Sign-In
2. Photo for your LIT Name tag
3. Volunteer placement choices
4. A short interview
5. A Police Information check where you will need to provide two (2) pieces of government-issued identification (one should be photo identification):
 - Driver's license or Learner's permit
 - Birth certificate
 - Alberta Health Care card
 - Passport
 - Immigration ID card
 - Citizenship card
 - Indian Status card
 - Permanent resident card

THE PROGRAM

Step 3. Participate in Training

Attend a 2 day L.I.T. training session where you will have opportunities to continue to develop as a leader while learning the necessary skills to volunteer at one of the city wide recreation programs.

Training sessions may include:

- Games, crafts, songs
- Program planning
- Employment skills
- Behavior management
- Inclusion
- Communication
- How to deal with incidents/accidents
- And so much more!

Step 4. Volunteer

Your commitment is to volunteer at a placement or program site of your choosing from more than 175 program sites city wide. LIT's volunteer for a minimum of two weeks and for as long as seven weeks.

Playground Programs

Join the fun at a playground near you. As a playground L.I.T. you get a chance to participate in a variety of activities, from games and crafts to drama, music, sports, and more. Gain experience working with 6-12 year olds in a fun, flexible setting.

Registered Programs

Volunteer at a community facility with children ages 3-12 years in a week long themed program including sports, drama, and science. Those in registered programs may also go on field trips with their programs.