

COMMUNITY WALKING MAP

Athlone, Dunvegan and Wellington Park




Front Yards in Bloom 2014 entry from Wellington neighbourhood

Athlone, Dunvegan and Wellington Park

Wellington Park and Athlone were at first a bit isolated from the city core and did not develop until the 1950s during the oil fueled prosperity following the Second World War. Athlone's name was approved by City Council on April 23, 1956. It was named for Canadian Governor General the Earl of Athlone who served from 1940 to 1946. Wellington Park and Athlone were largely developed a decade after the war, during a time when City Planner Noel Dant was implementing a new style of neighbourhood development whose modified grid pattern became typical of the rail yards redevelopment. Plans were designed to route traffic around the new neighbourhoods, not through them. Services were centrally located with enclosed road access. This is evidenced today by the shopping centres at 132 Street and 132 Avenue and at 127 Street and 129 Avenue.

Dunvegan was a part of Edmonton since 1912 however it was only first developed in 1993 to take advantage of the schools and community services in neighbouring Athlone and Wellington Park. It was named after the Dunvegan rail yard. The Edmonton, Dunvegan and British Columbia (ED&BC) Railway yards were located in the Northern Panhandle to the east of the St. Albert Trail. ED&BC Railway became the Northern Alberta Railway in 1981. In the 1980s the Dunvegan Area Structure Plan saw much of the rail yards redeveloped with a plan for residential development in the east and commercial development to the west of the panhandle along the St. Albert Trail. A natural parkland was preserved in the centre of the Dunvegan is the first major single family residential development in Western Canada by CN Real Estate to become Canada Lands Company Ltd.; the company that is transforming nearby Greisbach.

Front Yards in Bloom 2014 entry from Athlone neighbourhood



About the Community Walking Maps

This Community Walking Map is part of a series of walking guides. Each map is created as a joint project of Walk Edmonton and local Community groups to promote walkable communities. Contact us to find out if your community has an edition of this map series or to find out more about creating a map.

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There are 1,440 minutes in a day, schedule 30 of them for walking!

Walking with your Dog

Edmonton has over 40 locations where you can enjoy your walk while your dog is off-leash. Please remember that all sites where dogs are permitted to be off-leash are multi-use areas used by all. Your dog must be leashed when not in a designated off-leash area. The dog icons show on this map are placed in the approximate location of each off-leash area, but do not show the precise boundaries. For more information, including details on off-leash boundaries, check the Parks for Paws Brochure or go to edmonton.ca (keyword off-leash)

The Benefits of Walking

Walking... a healthy journey!

Ranked the number one activity of choice among Canadians, walking is a prescription for improved health and wellness. Walk briskly for 30 minutes a day, 5 days a week, and minimize your risk for cardiovascular disease, stroke, Type 2 diabetes and some types of cancer. Additional benefits include weight management, blood pressure control and boosting good cholesterol (HDLs).

Other benefits of walking:

- Releases the body's tension and stress.
- Refreshes the mind and body, especially when walking outdoors.
- Allows you to connect with your community.
- Offers an excellent way to socialize with family and/or friends.
- Increases "eyes on the street", enhancing community safety.

Walk Edmonton

Walk Edmonton is an initiative bringing Edmontonians together to build a more walkable community by providing grass roots resources and building civic support. Check out our website for links to other walking resources, maps, walking groups and places to walk in Edmonton.

edmonton.ca/walkedmonton
780-944-5339

Other Walking Resources

Alberta Centre for Active Living
centre4activeliving.ca
780-427-6949

Canada Walks
canadawalks.ca

UWALK
UWALK.ca



136 St & 134 Ave

Shape (Safe Healthy Active People Everywhere)

shapeab.com

Get involved with Walk to School Week and Walk to School Programs

info@shapeab.com
780-406-8530



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ATHLONE, DUNVEGAN AND WELLINGTON PARK

Legend

- | | |
|-------------------|-------------------|
| Accessible | Heritage Building |
| Antique Shop | Liquor Store |
| Bank | Movie Theatre |
| Bowling | Off Leash Area |
| Childcare Centre | Pharmacy |
| Coffee Shop | Playground |
| Community Garden | Restaurant |
| Community Hall | School |
| Convenience Store | Skating Rink |
| Fire/Ambulance | Sports Fields |
| Grocery Store | Spray Deck |
| | Toboggan Hill |

- | | |
|-----------------------|--------------------------|
| Commercial | On Street Bike Route |
| Parkland | Paved Shared Use Pathway |
| Residential Area | Roadway |
| Crosswalk with Signal | Alleys |
| Bus Stop | Sidewalk |

Sample walking routes

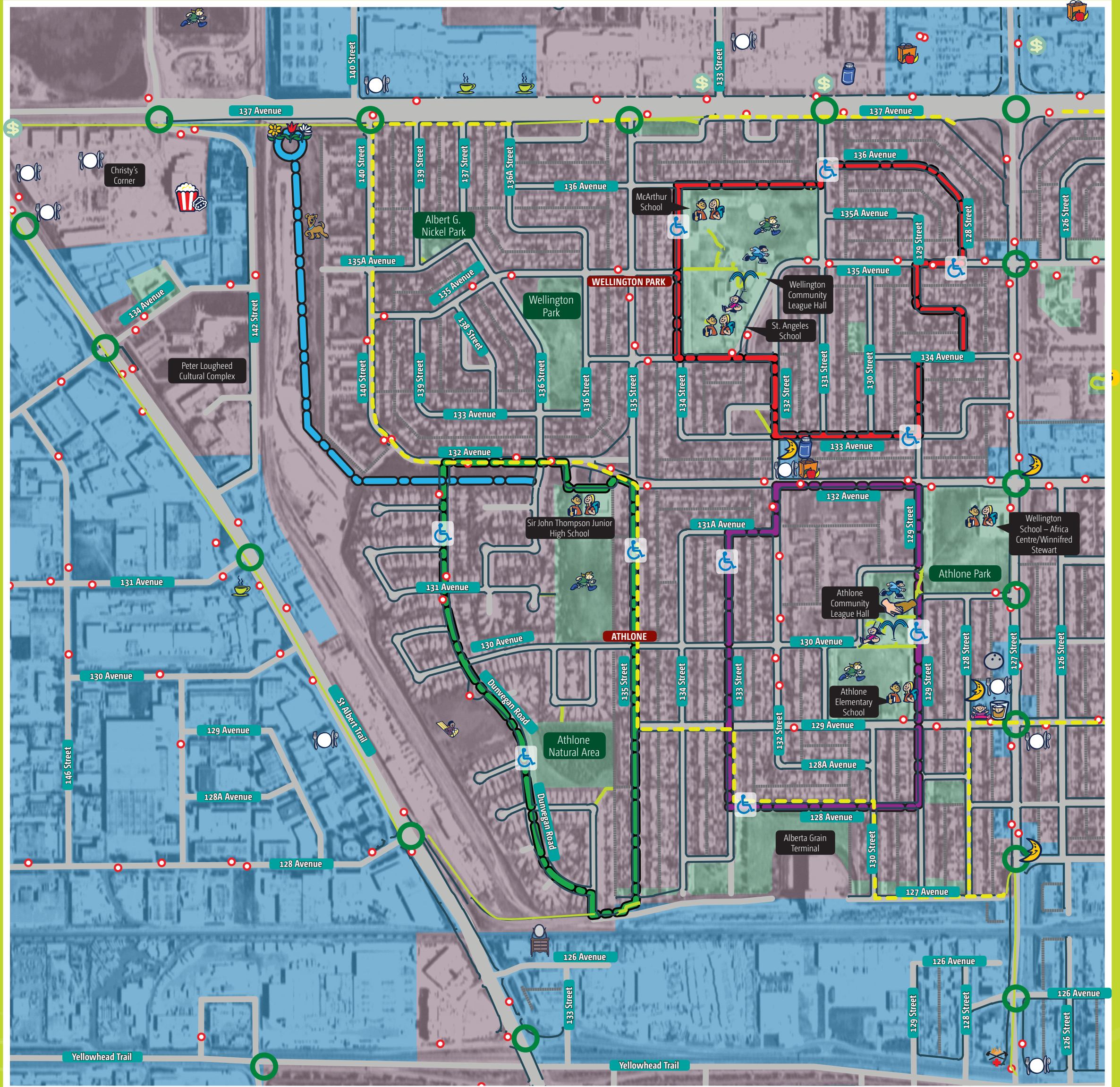
- 2.2 km Athlone Park Tour
- 2.3 km Dogwalk (return)
- 2.4 km Wellington Garden Tour
- 2.7 km Bob's Walk



Scale



0.5 Kilometres = About 4.5 minutes walking
About 660 Steps
About 2 minutes cycling



Wellington Park Community League Hall



Athlone Spray Deck



Wellington Spray Deck