



## Walk Edmonton

Walk Edmonton is an initiative that develops and shares maps and resources to facilitate and promote walking for both recreation and as active transportation. Visit our website for links to other walking resources and maps.

edmonton.ca/walkedmonton  
780-944-5339

## Other Walking Resources

**Alberta Centre for Active Living**  
centre4activeliving.ca  
780-427-6949

**Canada Walks**  
canadawalks.ca

**UWALK**  
UWALK.ca

## Shape (Safe Healthy Active People Everywhere)

shapeab.com

Get involved with Walk to School Week and Walking School Bus Programs

edmonton@shapeab.com  
780-406-8530

## The Benefits of Walking

### Walking... a healthy journey!

Ranked the number one activity of choice among Canadians, walking is a prescription for improved health and wellness. Walk briskly for 30 minutes a day, 5 days a week, and minimize your risk for cardiovascular disease, stroke, Type 2 diabetes and some types of cancer. Additional benefits include weight management, blood pressure control and boosting good cholesterol (HDLs).

Other benefits of walking:

- Releases the body's tension and stress.
- Refreshes the mind and body, especially when walking outdoors.
- Allows you to connect with your community.
- Offers an excellent way to socialize with family and/or friends.
- Increases "eyes on the street", enhancing community safety.



Steinhauer Park

## Walking with your Dog

Edmonton has over 40 locations where you can enjoy your walk while your dog is off-leash. Please remember that all sites where dogs are permitted to be off-leash are multi-use areas used by all. Your dog must be leashed when not in a designated off-leash area. The dog icons shown on this map are placed in the approximate location of each off-leash area, but do not show the precise boundaries. For more information, including details on off-leash boundaries, check the Parks for Paws Brochure or go to edmonton.ca (keyword off-leash)

**There are 1,440 minutes in a day,  
schedule 30 of them for walking!**

## Local Contacts

**Ermineskin Community League**  
10709 32A Ave NW, Edmonton, AB T6J 4A6  
(780) 438-6623  
ermineskincommunity.ca  
ECLinfo1@gmail.com

**Edmonton Fire Station #20**  
2303 – 105 Street

**Edmonton Public Library — Whitemud Crossing Branch**  
145 Whitemud Crossing Shopping Centre  
4211 – 106 Street  
780-496-1822

**Weather**  
780-468-4940

**City Information**  
Call 311

## Emergency Contacts

**Police/Ambulance/Fire**  
911

**Police Complaint Line**  
780-423-4567

## COMMUNITY WALKING MAP

# Ermineskin, Steinhauer

## Steinhauer Park

Edmonton COMMUNITY SERVICES  
**Ermineskin Community League**

**UPCOMING EVENTS**  
**HALLOWEEN 28 6-8**  
**NOV4 CRAFT FAIR**  
**WWW.ERMINESKIN**  
**COMMUNITY.CA**

Edmonton



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## About the Community Walking Maps

This Community Walking Map is part of a series of walking guides. Each map is created as a joint project of Walk Edmonton and local Community groups to promote walkable communities. Contact us to find out if your community has an edition of this map series or to find out more about creating a map.

Walkedmonton@edmonton.ca  
780-944-5339

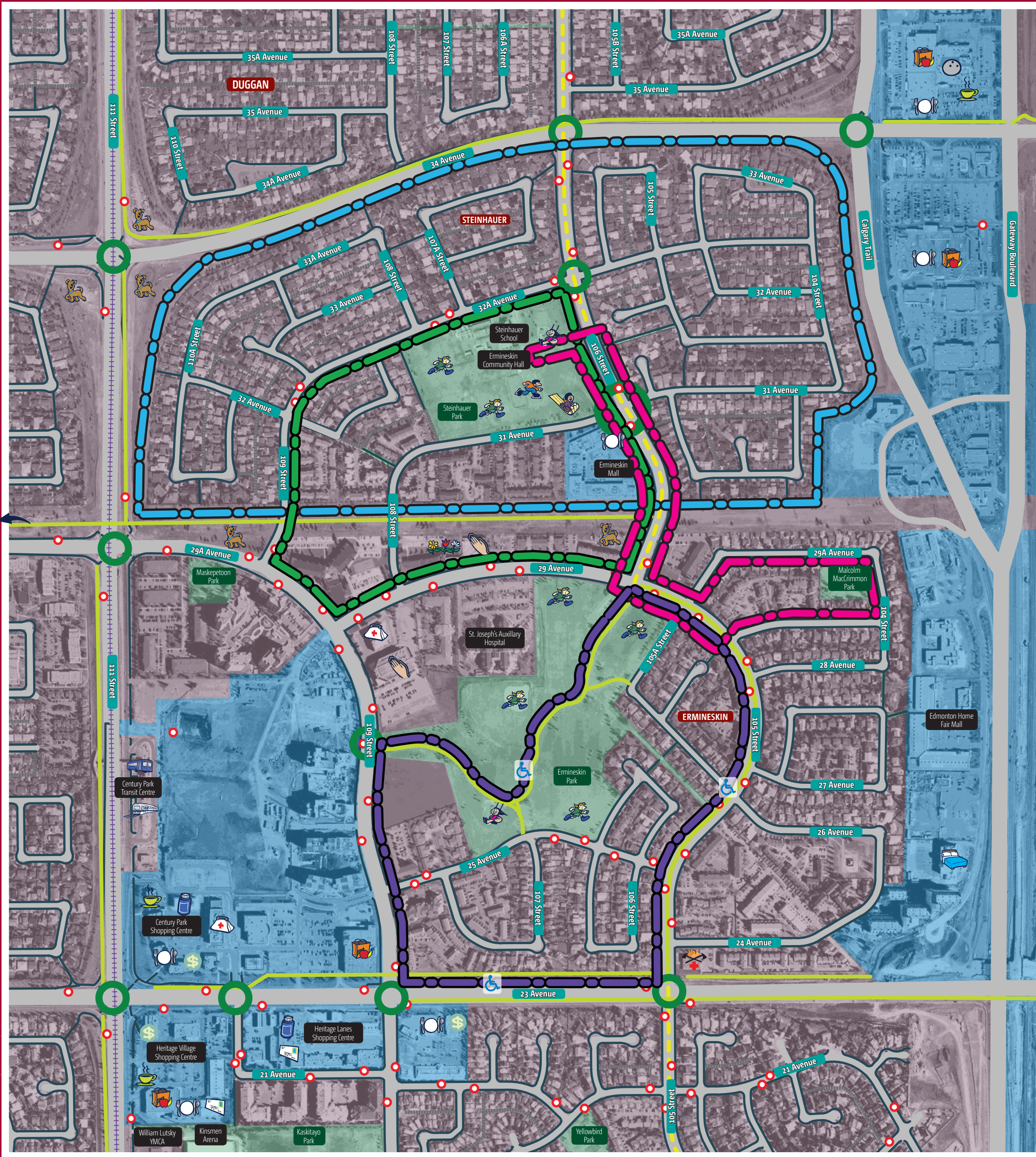


amenities including two outdoor rinks located beside the Ermineskin Community League building. This neighbourhood also includes a walking loop around its perimeter with permitted dog "off-leash" areas. Residents enjoy a well-connected and serviced community further supported by the Ermineskin Community League (Incorporated in 1978). The league connects residents through multiple recreation programs and events with the mission "To bring our neighbours together and foster a caring, friendly environment through the promotion & support of activities and events for the Ermineskin Community";

well-connected walking loop through recreational amenities, including a recently upgraded playground. This walking loop extends to a variety of residential housing areas, commercial zones, St. Joseph's Auxiliary Hospital, Medical Centres, churches and the Century Park LRT and Transit Centre. The Steinhauer neighbourhood is named for Henry Bird Steinhauer, an Ojibway missionary who settled in Alberta during the mid-1800s. The neighbourhood park site, which is central to mixed residential housing and a neighbourhood commercial centre, is where you will find Steinhauer Elementary School, the YMCA Out of School Care and Ermineskin Community Preschool. This site includes several recreational

The Ermineskin Community is comprised of the neighbourhoods of Ermineskin and Steinhauer. While some residential development in Ermineskin dates to the 1960's and earlier, the bulk of residential development occurred during the 1970's and 1980's. The community is located between 23rd and 34th avenue, as well as Calgary Trail and 111th street and walkable to an extensive range of services within its boundaries. In addition a paved shared-use path links the community to several west neighbourhoods and the Whitemud Ravine system. The Ermineskin Neighbourhood is named for Chief Ermineskin of Hobbema. This neighbourhood is situated around a large urban village park with a

## Ermineskin, Steinhauer



# ERMINESKIN, STEINHAUER

- ## Legend
- |  |                        |  |                  |
|--|------------------------|--|------------------|
|  | Bank                   |  | Hotel            |
|  | Bowling                |  | LRT Station      |
|  | Childcare Centre       |  | Off-Leash Area   |
|  | Coffee Shop            |  | Pharmacy         |
|  | Community Garden       |  | Place of Worship |
|  | ETS Bus Transit Centre |  | Playground       |
|  | Fire/Ambulance         |  | Post Office      |
|  | Grocery Store          |  | Restaurant       |
|  | Health Centre/Medical  |  | Skating Rink     |
|  |                        |  | Sports Fields    |
|  |                        |  | Toboggan Hill    |

|  |                       |  |                       |
|--|-----------------------|--|-----------------------|
|  | Commercial            |  | Paved Shared-Use Path |
|  | Parkland              |  | Roadway               |
|  | Residential Area      |  | Alleys                |
|  | Crosswalk with Signal |  | Sidewalk              |
|  | Bus Stop              |  | LRT Track             |
|  | On Street Bike Route  |  |                       |

Sample walking routes

- 2.13 km
- 2.20 km
- 2.60 km
- 3.63 km

**Scale**

0.00 0.1 0.2 0.3 0.4

Kilometres

0.375 Kilometres = About 5 minutes walking  
About 500 steps walking  
About 1.5 minutes cycling

